

## cope with new year's eve celebrations



### CREATE A DEN

*Provide your dog with a den*

It's a great idea to create a den before New Year's Eve and to allow your dog to get used to settling in it.

The den should be in an area where your dog feels happy and comfortable, such as by the side of your bed, in their crate, under a table, under the stairs, or wherever your dog feels safe and will remain undisturbed..



### PARTY FOOD

*Keep party food well out of reach*

Alcohol and party food can be particularly appealing to curious canines. However, consuming even a small amount of alcohol can lead to **intoxication** and, in some cases, **seizures & respiratory failure** for our dogs. So, remember to keep all nibbles & party food out of reach.



### VETERINARY HELP

*Speak to your vet*

If you know that your dog is sensitive to noise and is afraid of fireworks, do speak to your vet about treatments that can help.

If your vet prescribes a medication, it is often useful to have a 'practice run' before New Year's Eve, to see how your dog responds.

### SWEET DREAMS



### AVOID PARTY PANDEMONIUM

*Plan ahead for parties*

If you're hosting a party, plan ahead. Make sure that your dog has somewhere safe to retreat to - away from guests and noise - and that your guests know whether or not they can interact with your dog.

**Remember** to make sure that your dog cannot accidentally escape, and that they are wearing a collar and suitable ID tag, just in case a guest leaves a door open...



### DON'T BE AFRAID TO PROVIDE REASSURANCE

*If your dog needs it*

Contrary to popular belief, you cannot reinforce fear by reassuring your dog - as long as they enjoy it.

Leaving your dog to go 'cold turkey' with something they're afraid of - like New Year's Eve fireworks - is more like to increase their fear, and anxiety.